Skirt campus to south. Use Irving and Girard to reach Lowell.

Follow Lowell south. Use Ped/Bikes opening to cross Quincy at Lowell.

Climb Berry Ave to reach Bow Mar. Use any combo of streets to circle Bow Mar.

From Berry, go right on Jason St, then left at fence to reach sidewalk on Bowles. Use side walk to cross Federal and reach Platte Trail near tennis dome.

Notes
Distance: 47 miles
Elevation Gain: ~ 2,700 feet
Directions assume counterclockwise direction.